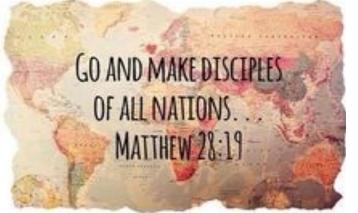




November 17th, 2023



Mark Your Calendar

Nov. 17 - Wreath Pick Up 3:00 - 6:00pm

Nov. 18 - Yoga Fundraiser 9:00am

Nov. 21 - End of Trimester

Nov. 22-24 - NO SCHOOL Thanksgiving Break

Dec. 7-8 - Parent Teacher Conferences
Dec. 8 - No School - Teacher In-Service

Calendar may also be seen on our website.

www.stpaulbonduel.com

Hard Hat Recipient of this Week

Braeden Flaig - Grade 7

Braeden is always very respectful to the faculty and staff here at St. Paul. He works hard and is not afraid to ask for assistance.

Braeden was incredibly helpful cleaning up after

Grandparents' Day this year.

He willingly crawled under the stage to help put away tables. Braeden, your kindness is greatly appreciated.

We're proud of you!



Principal's Page Connected



The Gospel of Luke tells of Jesus encountering men with a skin condition (leprosy) and healing them. Jesus gave them instructions and sent them on their way. As they journeyed, their condition disappeared. Of the ten, one decided to turn around and seek Jesus for the sake of saying "thank you." Jesus lifts up and exalts this one who returned. What about the other nine? We're never given an answer. Jesus doesn't condemn or rave in anger about the other nine. In fact, they just fade out of the scene. Their journey with Jesus is over. But the one who returned to Jesus gets to have a face to face encounter where Jesus affirms him and lifts him up as an example for all to see.

Too often we get overwhelmed and distracted by our own condition, our own interest, our own plan. In doing so, we follow the path of the nine who went on their way after having their own body restored. Thanksgiving is a time where we're reminded of how we should mirror not the nine but instead the one who gave thanks. For it is the one who gives thanks that Jesus lifted up.

Let's follow the example of the one who gave thanks this Thanksgiving.

This season of thanksgiving is also an opportunity to share the abundance given us to help others. During our services, we invite you to participate in sharing the blessings God has given you to help others who have fallen on difficult times. Each class collected non-perishable food to help those in need to enjoy a holiday feast.

Be Thankful!

Mr. Landgrave

Thought of the Week:

Gratitude unlocks the fullness of life. It turns what we have into enough, and more. Graditiude makes sense of the past, brings peace for today and creates a vision for tomorrow.

-Melody Beattie

MISSION STATEMENT: Our mission at St. Paul Lutheran Church and School is **to bring in, build up, and send out disciples** for Jesus Christ. Our school prepares children for a life of discipleship by helping them to grow in faith, knowledge, and character.



Upcoming Basketball Schedule

Nov. 21	@ Zion Wayside	5:30 pm	GA
Nov. 28	@ Gillett	3:45 pm	BB, BA
Dec. 1	@ Trinity	4:00 pm	BA, GB *order change
Dec. 2-3	Valley Classic Tournament.	ТВА	GA, BA





Consider becoming a Comet Backer!

Applications are available in the office!

GIWINGTUESDAY

After Black Friday, Small business Saturday, and Cyber Monday comes GIVING TUESDAY.

Giving Tuesday is November 28th.

Giving Tuesday is a global generosity movement unleashing the power of generosity.

Giving Tuesday was created in 2012 as a simple idea: a day that encourages people to do good.

Since then, it has grown into a year-round global movement that inspires hundreds of millions of people to give, collaborate, and celebrate generosity.

Join the movement and give!

Consider GIVING the school a gift...

It could be to the PTL for all the great behind the scenes work they do, or for school repairs which we have many to get finished, tuition assistance, tech programs, or Race For Ed.

There are many ways to give, but the best way is by scanning this QR code.





What's for Lunch Next Week?

November 20th - 21st

M Hot Dogs, Baked Beans, Applesauce

T Uncrustables, Celery, Carrots/Dip, Pears

W NO SCHOOL

TH Happy Thanksgiving



F NO SCHOOL

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Saturday, November 18th 9:00am in the Church Gethsemane

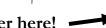
This yoga class is open to everyone, ages 10+ and is designed for <u>all</u> levels of yoga; focusing on gentle stretching, building strength and balance.

Free Will suggested donation \$10/person.

All proceeds benefit the 8th grade class trip to Washington D.C.

Please bring your own yoga mat or towel.

Childcare will be provided



Register here!





November Chapel Offerings:

Chapel offerings this month will be put towards our Adopt-a–Family program. This helps a family in our school or congregation that needs a little extra assistance this coming

holiday season.

Watch for the **Giving Tree** to be put our in church in November if you want to help even more!







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The tree at Village park has been decorated. Thank you Megan Eggert!!

Be sure to check it out! There is an ornament with the name of each student and staff member. Tree lighting will take place on December 2.



4th Annual Lumberyard Craft Sale Saturday, Nov. 25th

10:00am-2:30pm

Join us for a holiday craft sale. Lots of great handmade items and gifts!

Our 8th graders will be holding a bake sale at the Craft Sale! Come buy some yummy baked goods and help support the 8th graders class trip to Washington DC!

Notice: Food Service Nutritional Guidelines

Please take note of some of the current guidelines that need to be addressed and followed here at school. Your cooperation would be greatly appreciated!

Juice-based Drinks

Pure juice may be available as an additional beverage during the school lunch time. Other juice-based drinks without added sugars (e.g., juice diluted with water or flavored waters) may be served. No sweetener-based "juice drinks" or sport drinks which derive more than one-third of their weight from added sugars will be served during mealtimes In all cases, single-serving sizes will be featured.

Children who bring sack lunches from home are encouraged to bring 100% juice or water with them instead of consuming heavily sweetened juice drinks and sport drinks.

Soda Pop 💊

No soda pop will be allowed during the school day including students bringing lunches or snacks

Caffeine and Additives.

Products containing caffeine are discouraged during mealtimes. An exception will be made for chocolate.

Fat Content

Foods from reimbursable meals shall, over the course of five days, derive no more than 30% of their total calories from fat and less than 10% of total calories from saturated fats. These recommendations are consistent with federal mandates.

Content from Added Sugars.

No individual item served by food service as part of a traditional meal, or as a snack item may contain more than one third of its weight from added sugar. An exception may be made periodically for a traditional meal treat.



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